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I, Peter K. Trzyna (Reg. No. 32, 601), hereby certify that this paper or
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indicated below and is addressed to MS: Notice of Appeal, Commissioner of
Patents, P.O. Box 1450, Alexandria, VA 22313-1450 on the date set forth below:

Signed: _____

Peter K. Trzyna (Reg. No. 32,601)

Date: September 11, 2006

PATENT

Paper No.

File: Hinne-P3-01

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Inventor	:	Michael Hinnebusch
Serial No.	:	10/015,866
Filed	:	12 December 2001
For	:	SYSTEM AND METHOD TO IMPROVE FITNESS TRAINING
Group Art Unit	:	3639
Examiner	:	NELSON, Freda Ann

MS: Notice of Appeal
Commissioner of Patents
P.O. Box 1450
Alexandria, VA 22313-1450

NOTICE OF APPEAL

S I R:

Applicant hereby submits this Notice of Appeal to appeal to the Board of Patent
Appeals from the decision of the Examiner mailed September 11, 2006, finally rejecting claims
1-75, and objecting claims 41-42.

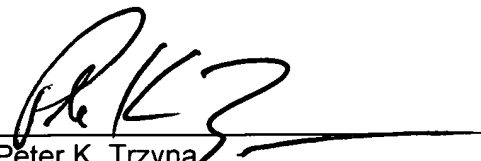
APPLICANT CLAIMS SMALL ENTITY STATUS. The Commissioner is hereby
authorized to charge any fees associated with the above-identified patent application or credit
any overcharges to Deposit Account No. 50-0235.

09/14/2006 RMEBRAHT 00000076 500235 10015866

02 FC:2401 250.00 DA

Please direct all correspondence to the undersigned at the address given below.

Respectfully submitted,


Peter K. Trzyna
(Reg. No. 32,601)

Date: September 11, 2006

P.O. Box 7131
Chicago, Illinois 60680-7131
(312) 240-0824